



Special statement: All content in this document has been carefully verified. If there are any printing errors or misunderstandings in the content, our company reserves the right to final interpretation.

Additionally, if there are any technical improvements to the product, they will be included in the new version of the manual without prior notice. If there are any changes to the appearance or color of the product, the actual product inside the packaging shall prevail.

Comply with National Standards: GB4706.1-2005 GB4706.10-2008

Manufacturer: NEDES, s.r.o.

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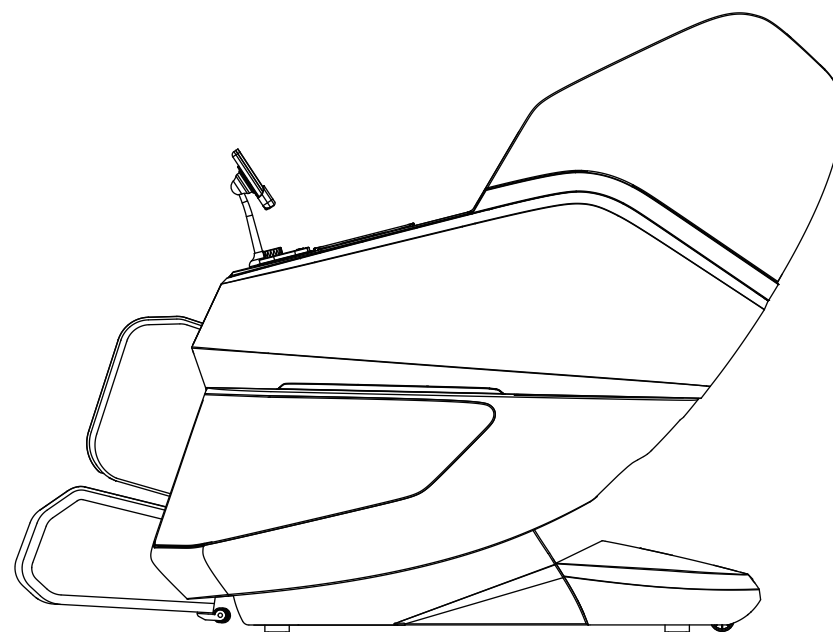
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EPIC X10

Luxury Massage Chair

## Instruction Manual



Thank you for purchasing this product, please read the contents of this manual carefully before use.

**Manual** + more informations on  
**Handbuch** + weitere Informationen zu  
**Návod** + viac informácií na  
**Návod** + více informací na  
**Kézikon v** + további információ  
**Instrukcje** + więcej informacji  
**Instrucțiuni** + Mai multe informații la



[www.nedes.eu](http://www.nedes.eu)

## Contents



Thank you for purchasing this massage chair. Please read this manual carefully before use, especially the safety section, in order to use this massage chair correctly. Please keep this manual in a safe place after reading and refer to it whenever necessary.

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Upgrades and changes to design functions are subject to no prior notice.  
Please refer to the actual product

## I Safety Instructions

### Warning



	Do not use a power supply outside the rated voltage to avoid electric shock or malfunction.
	If the power cord and plug are damaged or the power socket is loose, it should be stopped immediately to avoid electric shock or short circuit.
	In order to avoid accident or hurt, sb. who can not express himself or independently operate machine is not recommended to use this massage chair.
	Do not allow children to use or play on it, and do not sit or stand on the backrest, armrest, or leg rest.
	The power cord should not be broken, reprocessed, twisted, stretched, knotted, or heavily pressed (especially not pressed under the machine). It is prohibited to curl and store accessories such as massage chair cushions, as this may cause short circuits and electric shock.
	Do not place in damp places such as bathrooms to avoid electric shock, malfunctions, and rust.

### Attention







	The default usage time for each program is within 15 minutes. If you need to extend or reduce the usage time, you can do so through timed operations. It is recommended not to massage the same position of the body for more than 5 minutes. Prolonged use may cause muscle soreness. (Suggestion) The usage time of one day should be controlled within 30 minutes.
	If there are any abnormalities or sensations in the body during use, please stop using immediately.
	Confirm whether the operation switch and reset function are working properly to avoid accidents or injuries.
	After prolonged use, it is necessary to confirm whether the massage chair is working properly before using it again.
	When there is a power outage, the power should be immediately cut off and the power plug should be unplugged from the power socket to avoid accidents when re energized.
	When not in use, unplug the power plug from the power socket and place the plug at least 30cm above the ground to avoid insulation aging caused by dust and moisture, which may cause leakage.
	When massaging the arms, hard objects such as watches and jewelry should be removed to avoid accidents or injuries.
	Do not fall asleep during use. Using it unconsciously may cause discomfort or injury to the body.
	Do not use near open flames such as stoves, do not smoke while using, and do not use on heating appliances such as electric blankets to avoid causing a fire.
	Do not use immediately after meals to avoid discomfort.
	Do not use after drinking alcohol as it may lead to accidents or injuries.
	Do not sit on the massage chair more than two people at the same time to avoid failure or injury.
	Do not use on bare skin, direct massage of the skin may cause soreness due to the intensity.
	Do not sit down or get up forcibly in the state of leg up, and it is strictly forbidden to step on the massage part of the foot when the foot is not completely finished vertical, so as not to cause accidents or injuries.

## I Safety Instructions

- Before use, please carefully read this "Safety Precautions" for correct use.
- The precautions shown here aim to safety and correctly use the product and prevent harm or damage to others.
- In order to indicate the degree of hazard or damage, precautions are divided into "Warning" and "Caution", both of which are important safety-related content, so please observe them.

	<b>Warning</b>	If used incorrectly, it is presumed that there is a potential risk of injury to the user.
	<b>Attention</b>	If used incorrectly, it is presumed that there is a potential for injury to the user or destruction of the item.

### Illustration Example

	 Symbols indicate content with warnings, cautions (The example at left indicates general warnings and cautions)
	 The symbol indicates the prohibited behavior. Specific instructions are shown in the figure (example: disassembly is prohibited in the left figure).
	 The symbols indicate what is mandatory or indicated. Specific instructions are shown in the figure (example: unplugging from the power outlet is shown on the left).

After reading, please keep it in a safe place where you can access it at any time.

### Persons unsuitable for use of this product:

**If you have any of the following symptoms, please consult your doctor and use only under medical supervision.**

### Warning

Those who use medical electronic devices such as pacemakers that are buried in the human body.  
 Those who are being treated by a doctor, especially those who feel abnormal in their body.  
 Patients with malignant tumors, acute diseases, heart disease, severe hypertension, etc. (Normal human supervision is required)  
 Pregnant women or those who are on their period.  
 People with osteoporosis, patients with vertebral fractures.  
 People with skin trauma who need quiet recuperation.  
 People with body temperature above 38 degrees (fever period).  
 The product is heated and care must be taken by users who are not sensitive to heat. (Normal human supervision is required)  
 Mentally handicapped persons or minors must be used under normal supervision before use.

## II Before Each Massage

### Turn on the power

1. Before use, confirm whether the voltage marked on the power cord meets the local conditions of use, and the power socket end needs to have a grounding wire

2. Turn on the power switch

The power switch is located at the bottom of the back.

After the power is turned on, the switch indicator lights up.

#### Warm Tips

If you are using the massage chair in a cold space, please do not suddenly increase the room temperature, we recommend that you gradually increase the temperature to normal levels. If the massage chair is placed in a cold place and moved to a warm place, we recommend that you use it only after an hour of movement, if used directly, this will cause the massage chair to malfunction.

### Confirm content

#### 1. Confirm the surrounding situation

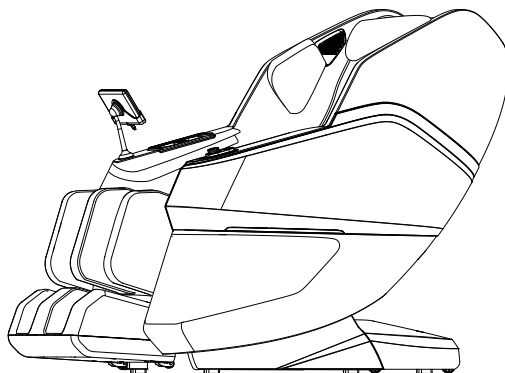
① Confirm that there is no one, no pets, no objects around the back of the massage chair and the front and bottom of the legs, etc.  
(Standby position)

#### 2. Confirm the massage chair status

① Before use, please lift the back cushion to confirm whether the backrest parts and other parts of the fabric is broken, such as broken (no matter how small the damage) please stop using in time, unplug the power supply, commissioned repair.

② Check whether the power cord, hand controller cord or items are caught in the massage chair.

③ Make sure to insert the power plug completely into the power outlet, and do not allow metal or dust to be adsorbed on the power plug, so as not to cause electric shock or short circuit.



## III Product Specifications

Product Name	Massage Chair
Product Model	X10
N.W./G.W.(Kg)	84Kg/101Kg
Power Rating	120W
Rated Voltage	220-240~
Rated Time	15min
Rated Frequency	50-60Hz
Outer Package Size	1770*780*892.5mm
Upright Size (L*W*H)	1550*785*1150mm
Reclined Size (L*W*H)	1650*785*870mm

## IV Troubleshooting

If an abnormal situation occurs, to prevent accidents, stop using the product and unplug it from the power supply.

If the following treatment method still does not work, please contact the after-sales service center.

Possible Abnormalities	Processing Method
Sound Made During Operation	The sound emitted by the design of the structure has no effect on the function
Plugged into the power supply, but the massage chair can not operate	1. Check whether the power plug is plugged in or whether the power is on. 2. Check whether the power switch button on the massage chair in the "I" position. 3. When in the "I" position, the switch light will turn red, if not light, please unplug the power cord, check the fuse holder, fuse tube is intact.
During use, the controller can be operated, but the massage chair cannot be operated.	After a long period of operation, massage chair machine temperature if too high, massage chair will automatically be in a temperature protection state, please turn off the power and temporary use of 30 to 50 minutes to allow the internal heat dissipation of the machine.
During use, the controller can be operated and the massage chair stops operating	After the automatic timer function is activated, if the set time is up, please press the button again to control it.

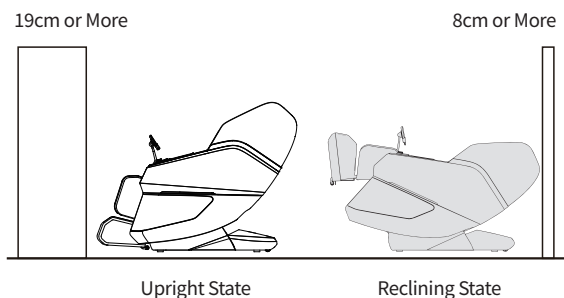
## V Product Installation

### Massage Chair Setting Method

Space should be left around the perimeter and placed on a flat part.

Tip: put down the backrest when the legs are raised at the same time, in order to avoid collisions should first set aside more than 19 cm in front, more than 8 cm of space at the back.

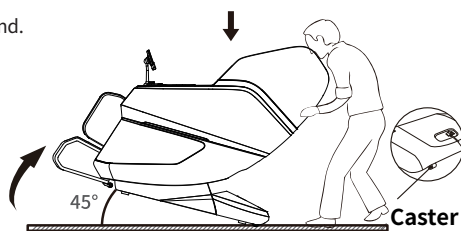
Tip: It is recommended to lay a floor mat under the massage chair to avoid damage to the floor or carpet. Avoid placing in the position of long exposure to sunlight, heating equipment and other high-temperature places in the vicinity to avoid discoloration or deterioration of the leather cover.



### Massage Chair Moving Method

Lift the front of the massage chair and push to move by hand.

Attention: Do not move with cargo and goods to avoid tipping over.  
Do not slide or drag casters on floors that are prone to scratching.  
Do not lift the seat part and legs when moving.  
Lifting the weight of the massage chair should be noted when the front of the



## V Product Installation

Remove the massage chair and accessories from the box

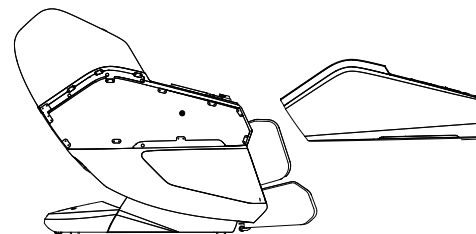
Massage Chair

Side Trim Panels

Accessories

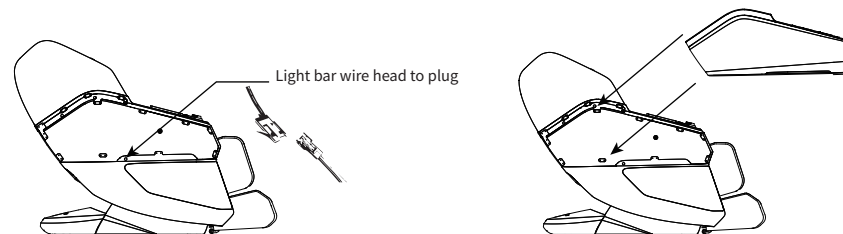
Hand Controller

User Manual and Power Cord



Tips  
Accessories are special packages.  
Please use the accessories in the package.

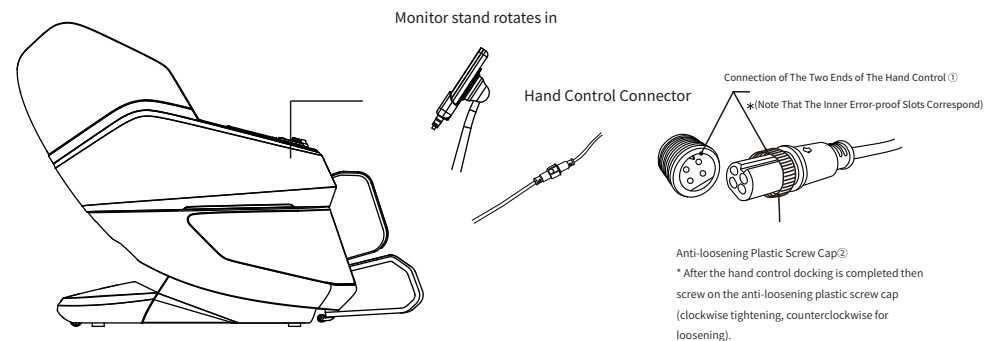
Installation steps before the use of the chair



① Light bar wire head to plug

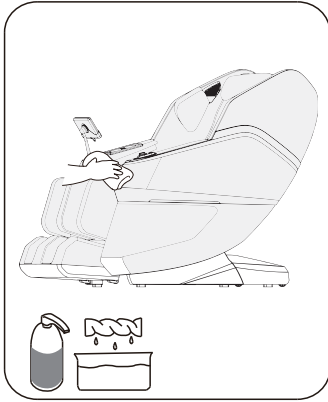
② Side panel trim pieces snap into recesses

Hand Controller Installation Method

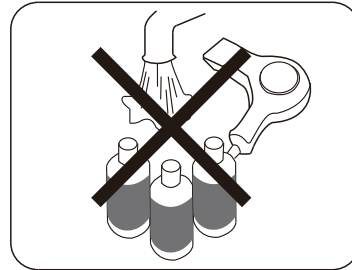


## VI Maintenance and Storage Methods

### Maintenance

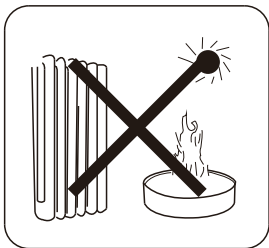


- Use a dry cloth to wipe off the sweat
- Use a low concentration of neutral detergent when cleaning stains.
- Moisten a soft cloth, dry it well and gently wipe the massage chair.



- When cleaning the massage chair, the power must be unplugged. In addition, do not touch the power plug with wet hands.
- Do not use a hair dryer to dry the sweat on the massage chair.
- Do not use water to clean the massage chair.
- Do not use gasoline, thinner, alkaline detergent, bleach, etc.

### Custodianship



- Do not place in direct sunlight for a long time to avoid discoloration or deterioration.
- It should not be placed in high-temperature places such as near heaters and fireplaces to avoid discoloration or deterioration.

## VII Bluetooth Music Connection Method

Step 1: Turn on the power switch of the massage chair.

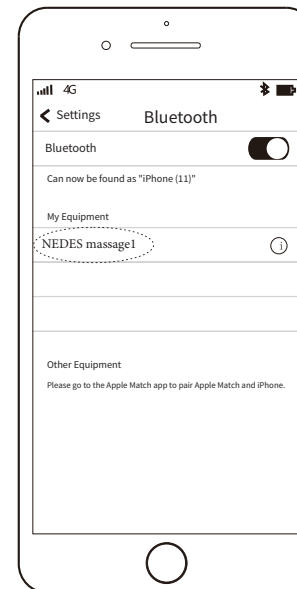
Step 2: Turn on your phone's Bluetooth and search for Bluetooth devices.

Step 3: After the search, find "NEDES massage1" under "Bluetooth devices" to connect.

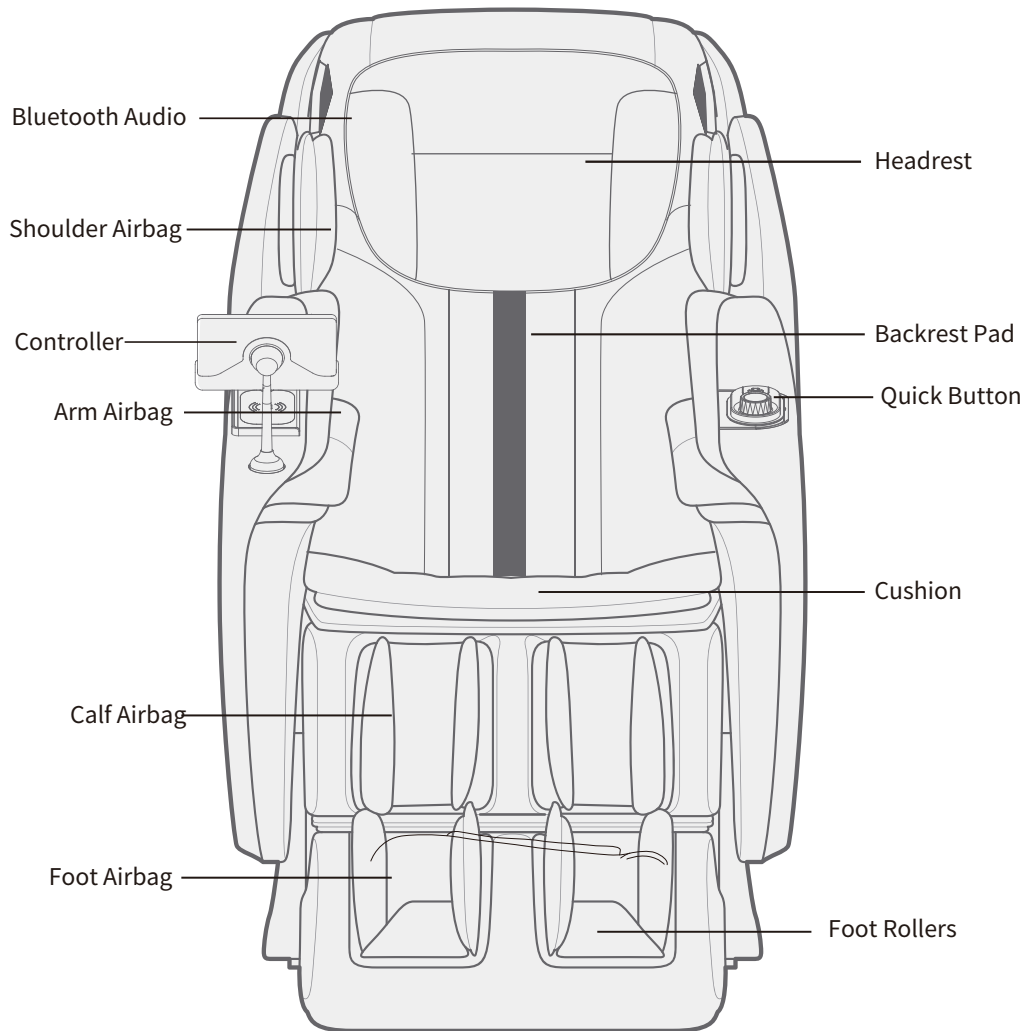
Step 4: Open your phone music playing software to play music.

### Tips

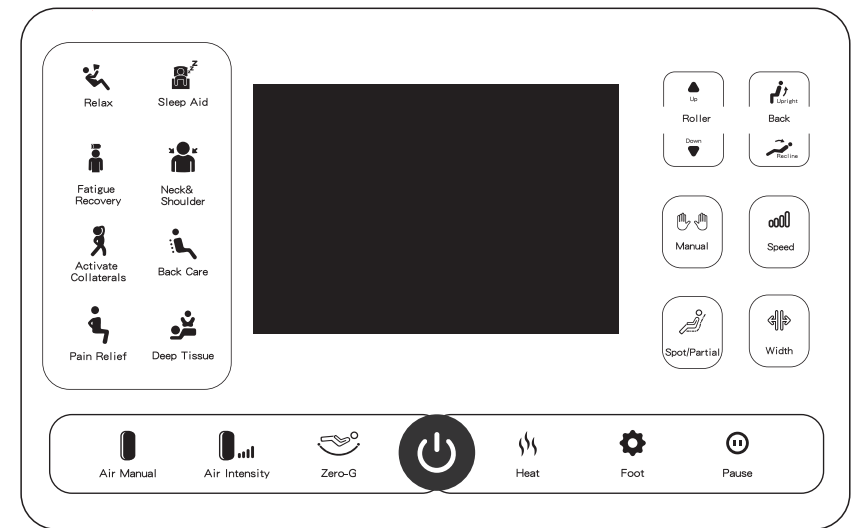
- ▶ Different systems of cell phones, Bluetooth connection varies, please connect Bluetooth according to the connection method of different cell



## VIII Description of Each Part Name



## IX Controller Display



# X Massage Chair Operating Instructions

## I. Please note the following matters when using this product

1. Turn on the power, the massage chair seat frame below the power switch pressed to the "I" position, the massage chair in the reset state. At this time, the massage chair into standby, in standby mode, the red light of the on/off control key will keep
2. In the case of standby mode, only the switch, back up, backwards, legs up, legs down, zero gravity six functions can be operated.

### Second, the hand control button function description









#### On/Off Button

Press this button, that is, to enter the boot state, run the "Relax" automatic massage program.

#### Eight Automatic Program Buttons:

Relax	Sleep Aid	Fatigue Recovery	Pain Relief
Neck & Shoulder	Activate Collaterals	Back Care	Deep Tissue

Press the eight Auto Program buttons for a default time of 15 minutes.

-  **Relax** Massage strength is soft, rubbing the whole body, effective relaxation of body and mind, promote blood circulation, eliminate fatigue throughout the body.
-  **Fatigue Recovery** Improve the fatigue and soreness around the body, for the back, limbs relaxation improvement, rapid relief of fatigue.
-  **Activate Collaterals** It targets the meridians to improve the body's microcirculation and boost the immune system.
-  **Pain Relief** For sedentary, the massage increases the amount of body movement, releases stress and improves the function of the body. The strength is gentle, suitable for women to use, with kneading, acupressure massage techniques, with low-grade air pressure massage, through acupressure points to help the body to regulate the balance and quickly improve sleep.
-  **Sleep Aid** Unique massage techniques for the shoulders and neck help promote blood circulation and relieve neck and shoulder aches and pains.
-  **Neck & Shoulder** Based on the curves of the human body, the back and lumbar area are the focus of the massage to effectively relax the spine.
-  **Back Care** Massage heavier, gradual relaxation massage on the whole body, can effectively relieve soreness and eliminate fatigue.
-  **Deep Tissue**



In manual mode, press this key to move the movement up or down.



In manual mode, pressing this button raises or lowers the backrest.



Press this button to enter the manual mode and switch massage techniques. There are six massage techniques, in order for kneading, tapping, tapping, acupressure, kneading knocking, percussion.

The 6 techniques display icon for



Massage strength key, press this key in manual mode, adjust the movement massage speed, 3 adjustable strength, the third gear for the maximum strength. (Note: only in manual mode, you can adjust the massage strength).



Press the fixed point/interval key, press this key in manual mode, full name - fixed point - interval cycle in sequence.



Movement width adjustment key, adjustable in four manual modes of finger pressure / tapping / tapping / tapping, wide - medium - narrow three grades.



Airbag part adjustment key, press this key in manual mode, arm airbag - shoulder airbag - leg foot airbag - airbag off, and so on in a cycle.



Airbag strength adjustment key, press this key in manual mode, 1-3 gears cycle in sequence.



Zero gravity key, adjust the zero gravity gear: 1 gear - 2 gear - off, in turn cycle.



Heat button, press this button in both manual and automatic mode to turn on or off the heat compress.



Foot rollers key, press this key in manual mode to turn on or off the foot rollers massage.



Pause button, press this button to pause all actions, press this button again to resume.